Upper Piedmont Association of Diabetes Educators

Presents

31st Annual **Diabetes Management Conference** "Diabetes in Action"



Thursday, November 1, 2018 7:00 a.m. - 5:00 p.m.

Registration: 7:00 a.m. Program: 7:50 a.m.

Greenville Marriott 1 Parkway East Greenville, S.C. 29615

Joint Providership with



University of South Carolina College of Pharmacy (SCCP)



TARGET AUDIENCE

Nurses, Pharmacists, LTC Administrators (Long Term Care), Dietitians and other interested healthcare professionals



Regional Health Services District

31st Annual Diabetes Management Conference

Speakers' Presentations (when available) will be posted

PROGRAM DESCRIPTION

This one-day program will present diverse topics in relation to diabetes management and diabetes across the continuum of life. The topics to be discussed: Cardiovascular and Medications, Management of Type 2 DM, Personal Journey, Nutrition, DAC Toolkit and Prevention.

The goal of this program is to provide healthcare providers the knowledge and tools to assist them in providing quality care related to diabetes management. There will be opportunities for networking and visit with exhibitors.

LEARNING OUTCOMES

At the completion of this workshop, the participant will be able to: (In reference to Diabetes Management)

- Examine cardiovascular disease burden in patients with Type 2 DM and cardiovascular outcome trial design
- Choose the most appropriate patient-centered treatment for an individual with Type 2 DM
- Recall a personal journey with diabetes that has been managed through a ketogenic diet and technology
- Describe lifestyle medicine practices, tools and resources for preventing and managing diabetes
- List resources available through the SC Diabetes Advisory Council toolkit
- Describe the process of starting a diabetes prevention program and best practices

AGENDA (Schedule is subject to change)

7:00 am	Registration, Coffee, Exhibits				
7:50	Welcome, Introduction	Tiffaney Threat, PharmD, CDE			
8:00	Cardiovascular Outcomes of	Elaine Sunderlin, MD			
	Diabetes Medications				
9:15	Break, Networking, Exhibits				
9:30	Facts, Figures & Feasibility: A	Jennifer Smith, PharmD,			
	Clinical Approach to Managing	BCACP, BC-ADM, CDE			
	Type 2 DM				
10:45	Break, Networking, Exhibits				
11:15	Lunch (provided)				
11:45	Lunch Presentation	Kristi Falk, Health Coach			
	A Personal Journey & the				
	Ketogenic Diet				
12:45 pm	Break, Networking				
1:00	Food as Medicine	Beth Morris Motley, MD			
2:15	Pre-Diabetes and the Diabetes	Patricia Witherspoon, MD,			
	Advisory Council's (DAC) Tool	FAAFP			
	Kit				
3:45	Break, Networking				
4:00	National Diabetes Prevention	Erica Moore, MHS, RD, CDE,			
	Program (DPP) – Real World	BC-ADM			
	Experiences				
4:45	Wrap-up, Program Evaluation				
5:00	Adjourn				

CONTINUING EDUCATION CREDIT

You must attend <u>90% of each of the educational session</u> to receive CE credit. The on-line Program Evaluation must be completed to obtain your CE Certificate. **Instructions will** be distributed at the end of the program.

Nurses:

This educational activity has been awarded 7.25 contact hours.

SRHS Corporate Education is an approved provider of continuing nursing education by the South Carolina Nurses Association, an approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacists

The University of South Carolina College of Pharmacy (USC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for **7.25** live contact hours (0.725 CEU) for pharmacists, ACPE 0062-9999-18-172-L01-P. To claim credit, participants are required to sign in, attend the entire program, and complete an on-line evaluation. *This is a knowledge-based learning activity*.

Long Term Care Administrators (CE credit has been applied for)

Others

This program provides 7.25 hours of continuing education.

SPEAKERS

Kristi Falk, Health Coach	Jennifer Smith, PharmD., BCACP, BC-			
Executive Director	ADM, CDE			
Diabetes Wellness Council	Clinical Pharmacy Specialist			
Myrtle Beach, SC	US Department Veteran Affairs			
	Anderson, SC			
Erica Moore, MHS, RD, CDE, BC-ADM	Elaine Sunderlin, MD			
Manager, Diabetes Education	Diabetes& Endocrinology			
Spartanburg Regional Healthcare System	Medical Group of the Carolinas			
Spartanburg, SC	Spartanburg Regional Healthcare System			
	Spartanburg, SC			
Beth Morris Motley, MD	Patricia Witherspoon, MD, FAAFP			
Family Medicine & Lifestyle Medicine	Associate Professor			
Clinical Assistant Professor (USC)	Director of Community Outreach			
Grenville Hospital System	University of South Carolina			
Greenville, SC	Columbia, SC			

PLANNING COMMITTEE

District Committee				
Caroline Boyd, MS, RD, LD, CDE	Tiffaney Threatt, PharmD, CDE			
Nancy K. Durham, DNP, BC-FNP,	Julie White, BSN, RN, CDE			
CDE				
Paula Thomas, BSN, RN, CDE	Caitlin Mardis, PharmD			
Chele Scott, BSN, RN, CDE	Nelda M. Hope, BSN, RN			
Eileen Ward, PharmD, BCACP, TTS				

LOCATION & DIRECTIONS

Marriott Greenville

One Parkway East Pelham Road and I-85 Greenville, S.C. 29615 Phone: (864) 297-0300

<u>From the North</u>: Interstate 85 South to Greenville. Exit 54 (Pelham Road). Right onto Pelham. Right at first traffic light. (The Parkway). Second driveway on the right.

<u>From the South</u>: Interstate 85 North to Greenville. Exit 54 (Pelham Road). Left on Pelham. Right at second traffic light. (The Parkway). Second driveway on the right.

<u>From the West (Within the State)</u>: Interstate 26 towards Greenville. Interstate 85 South to Exit 54 (Pelham Road). Right onto Pelham. Right at second traffic light. (The Parkway). Second driveway to the right.

REGISTRATION INFORMATION

Fee includes continental breakfast, on-line handout materials, refreshments, lunch and certificate of attendance.

<u>Deadline for registration</u> is <u>October 18, 2018.</u> No refunds are allowed. Substitutions are accepted and encouraged.

To confirm your registration, you may call Angie Cothran at (864) 560-6282. Spartanburg Regional reserves the right to cancel this workshop if necessary. If we cancel, full registration fee will be refunded.

Register online at www.spartanburgregional.com/CEEvents
On-line registration CLOSES after October 18, 2018.

ADA

SRHS is committed to complying fully with the Americans with Disabilities Act. For special needs, please call Angie Cothran at (864) 560-6282 by October 18. For additional comfort, please bring a sweater or a jacket.

Additional Information

Registration: Angie Cothran @ (864) 560-6282 or <u>ascothran@srhs.com</u>. Contents: Nelda M. Hope @ nhope@srhs.com.

The speakers and planning committee have declared no conflict of interest. CE approval does not imply endorsement of any product.

You may receive future SRHS CE event information per your contact information provided.

NOTE: We cannot accept registrations without payment or guarantee of payment.

31st Annual Diabetes Management Conference Thursday, November 1, 2018

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PLEASE MAKE CHECK PAYABLE TO:

Spartanburg Medical and mail with completed registration form to:

Corporate Education PO Box 4848 Spartanburg, SC 29305-4848